

Subject:	Mental Health in Schools: Extract from the proceedings of the Council Meeting held on the 31 January 2019	
Date of Meeting:	4 March 2019	
Report of:	Executive Lead Officer for Strategy, Governance & Law	
Contact Officer:	Name: Mark Wall	Tel: 01273 291006
	E-mail:	mark.wall@brighton-hove.gov.uk
Wards Affected:	All	

FOR GENERAL RELEASE

Action Required of the Children, Young People & Skills Committee

To receive the notice of motion referred from the Council for consideration.

Recommendations: To request officers to bring a report to the Committee detailing how the council can work with our family of schools to:

- support and promote the development of greater preventative activities designed to assist with anxiety and depression, such as lunchtime yoga, meditation, healthy eating and greater physical activity;
- develop and share best practice on restricting access to mobile phones in the classroom, in conjunction with the existing work done in our schools to support young people managing social media and cyber bullying;
- ensure teachers and staff can access adequate training and support, in conjunction with existing work done in P.S.H.E and through the Schools Wellbeing Service, to feel able to respond appropriately to students who are directly affected by poor mental health and low self-esteem.

BRIGHTON & HOVE CITY COUNCIL

COUNCIL

4.30pm 31 JANUARY 2019

COUNCIL CHAMBER - HOVE TOWN HALL

MINUTES

Present: Councillors Simson (Chair), Phillips (Deputy Chair), Allen, Atkinson, Barford, Bell, Bennett, Bewick, Brown, Cattell, Chapman, Cobb, Daniel, Deane, Druitt, Gibson, Greenbaum, Hamilton, Hill, Horan, Hyde, Janio, Knight, Lewry, Littman, Mac Cafferty, Marsh, Meadows, Mears, Miller, Mitchell, Moonan, Morris, Nemeth, A Norman, K Norman, O'Quinn, Page, Peltzer Dunn, Platts, Robins, Sykes, Taylor, C Theobald, G Theobald, Wares, Wealls, West and Yates.

PART ONE

68 THE FOLLOWING NOTICES OF MOTION HAVE BEEN SUBMITTED BY MEMBERS FOR CONSIDERATION:

(6) Mental Health in Schools

68.33 The Mayor put the following Notice of Motion to the vote;

“This Council resolves to:

1. Ask the Chief Executive to write to the Secretary of State for Education, to request that the Government:
 - brings forward ten-year plans to expand school and college based mental health services for children and young people, so that 100% of children and young people requiring specialist care are empowered to access it prior to 2030;
 - puts in place adequate funding support for schools and teachers to implement this mental health work in schools.
2. Continue to support the improvement of mental health for our city’s children and young people, and to request officers to bring a report to the Children, Young People & Skills Committee detailing how the council can work with our family of schools to:
 - support and promote the development of greater preventative activities designed to assist with anxiety and depression, such as lunchtime yoga, meditation, healthy eating and greater physical activity;
 - develop and share best practice on restricting access to mobile phones in the classroom, in conjunction with the existing work done in our schools to support young people managing social media and cyber bullying;

- ensure teachers and staff can access adequate training and support, in conjunction with existing work done in P.S.H.E and through the Schools Wellbeing Service, to feel able to respond appropriately to students who are directly affected by poor mental health and low self-esteem.

68.34 The Mayor confirmed that the motion had been agreed unanimously.

NOTE: A closure motion had been passed prior to the item being reached and therefore the motion was put straight to the vote by the Mayor without debate.

