

Although a formal committee of Brighton & Hove City Council, the Health & Wellbeing Board has a remit which includes matters relating to the Clinical Commissioning Group (CCG), the Local Safeguarding Board for Children and Adults and Healthwatch.

Title: Better Lives, Stronger Communities

Date of Meeting: 09 June 2020

Report of: Rob Persey, Executive Director of Adult Social Care and

Health, Health and Adult Social Care, BHCC

Contact: Grace Hanley, Assistant Director Tel: 01273 292928

Email: grace.hanley@ brighton-hove.gov.uk

Wards Affected: All

FOR GENERAL RELEASE

Executive Summary

Our vision is for everyone in Brighton & Hove to have the best opportunity to live a healthy, happy and fulfilling life at every stage of someone's life. We will do this by working with our communities to promote and improve their health and wellbeing, and by supporting people to live independently.

A four year programme of work called *Better Lives, Stronger Communities* is being planned by Brighton and Hove City Council Health and Adult Social Care.

This programme will focus on how best we can work with individuals in the City with care and support needs, and their communities.

Whilst the overall programme has been paused to enable us to respond effectively to the COVID19 pandemic, the principles continue to inform our practice and response at this challenging time. Our recovery strategy will take into account the learning that has emerged during this crisis.



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Glossary of Terms

BLSC - Better Lives, Stronger Communities

Strength based approach - Strengths-based approaches | SCIE

ASCOF- The Adult Social Care Outcomes Framework (ASCOF) measures how well care and support services achieve the outcomes that matter most to people. The ASCOF is used both locally and nationally to set priorities for care and support, measure progress and strengthen transparency and accountability

1. Decisions, recommendations and any options

- 1.1 The recommendation is that the Board agrees:
 - To support the direction of travel of BLSC and this programme of work.
 - To support HASC to adopt a strengths and asset based approach.
 - A further detailed update (review of implementation plans) comes back to the Board in March 2021.

2. Relevant information

- 2.1 To achieve our vision, we need to find solutions to those issues facing the City with regard to Adult Social Care demand:
- 2.1.1 Our 65 plus population is projected to increase overall by 25% from 2020 to 2030, marginally higher than the national projected increase of 24.4%.
- 2.1.2 The number of cases of early onset dementia 30-64-year olds is expected to increase year on year for Brighton and Hove where the average for ASCOF comparators is reducing.
- 2.1.3 Further to this the number of people aged 65+ predicted to have dementia is expected to increase by 28.5%in the same period (lower than the national increase of 51.2%)
- 2.1.4 22% of the city over the age of 20 are living with two or more long term conditions.
- 2.2 Against this backdrop, Health and Adult Social Care in Brighton and Hove needs to address issues around how our citizens can:
 - Find solutions to support their wellbeing and maintain a good life.
 - Access help and advice when they need it to enable them to live well.



- Access person centred and specialist support to maximise their opportunities for independence.
- Access social workers and occupational therapists who understand the needs of our citizens and enable them to achieve their desired outcomes.
- 2.3 This we must do whilst meeting our legal obligations and maintaining our statutory requirements.
- 2.4 To do this and in line with best practice, we will focus our efforts on:
 - How people access the help they need.
 - How we support people to be as independent as possible.
 - How we work with people who have more specialist needs
 - How people access community assets.
- 2.5 Our programme will:
 - Ensure that solutions are developed collaboratively with those with care and support needs, our staff, and partners.
 - Develop our model of practice known as a "<u>strengths based practice</u>". This
 will support adult social care in Brighton and Hove to deliver in line with
 national developments and local requirements.
 - Equip us to develop and sustain a service which is financially viable.
 - Recognise the key role of commissioning- with a focus on quality
 - Make sure that technology is integral to the changes we need to make.
- 2.6 We are currently drafting detailed implementation plans for the programme under the following work-streams:
 - How people access the help they need and access (First Contact).
 - How we support people to be as independent as possible (Short Term Enablement).
 - How we work with people who have more specialist needs (Specialist Intervention).
- 2.7 These will evolve through engagement with other Directorates, the voluntary sector and City wide partners, importantly including our NHS stakeholders. Collaboration and co-production will be key to identifying common starting points. Immediate priorities for the programme include:
 - The development of an early help model for the service.
 - Looking at the development of a community reablement service.
 - The development of a commissioning strategy.
 - Piloting a "move on" project.



- Looking at how we can best align Mental Health social work to the programme.
- How people can access assets available in their communities

3. Important considerations and implications

3.1 **Legal:**

"Guidance on a strength based approach to care has been produced by Social Care in Excellence (SCIE). This independent improvement agency supports the use of the best available knowledge and evidence about what works in social care practice.

The guidance should be read alongside the Care and Support statutory guidance produced under the Care Act 2014. The guidance is complementary to the Act and regulations. It provides tools for local authorities meeting their statutory duties towards protecting the person's independence resilience and ability to make their own choices and wellbeing."

Lawyer consulted: Nicole Mouton Date:15/05/2020

4. Finance:

4.1 The Better Lives, Stronger communities programme will support the delivery of the Financial Recovery Plan required for the Health & Adult Social Care directorate as part of the medium-term financial strategy. This programme of work will help develop a sustainable social care service. The Financial Recovery Plan will be developed as part of the implementation plans outlined in paragraph 2.5.

Finance officer consulted: Sophie Warburton Date: 14/05/2020

5. **Equalities:**

5.1 The programme of work includes a strong focus on reducing inequalities and improving outcomes for the individuals we support. The strategy and its delivery is underpinned by the adoption of a strength based approach as described in this document and appendix. We will change the way we work to reduce the number of 'hand offs' (transfers between teams), enabling more people to get the information, advice and help that they need in a timely way. An Equalities Impact Assessment is not required for the programme itself but should be completed for any specific projects, implementation plans, and commissioning and investment decisions taking forward this work.

