

# Brighton & Hove City Council

## Health Overview & Scrutiny Committee

## Agenda Item 7

**Subject:** Children & Young People Mental Health Services

**Date of meeting:** 09 July 2025

**Report of:** Chair of the Health Overview & Scrutiny Committee

**Contact Officer:** Name: Giles Rossington, Scrutiny Manager

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**Ward(s) affected:** (All Wards);

**Key Decision:** No

**For general release**

### **1. Purpose of the report and policy context**

- 1.1 This report presents an update from health and care systems partners on the planning and performance of children & young people's mental health services.
- 1.2 This report was requested by the HOSC Chair, reflecting the fact that young people's mental health is one of the 5 Brighton & Hove priority areas in the Sussex Integrated Care Strategy, Improving Lives Together.

### **2. Recommendations**

- 2.1 That Health Overview & Scrutiny Committee notes the information in this report and appendices.

### **3. Context and background information**

- 3.1 Mental Health care for children & young people involves a range of local health and care system partners including Sussex Partnership NHS Foundation Trust (SPFT), Sussex Integrated Care Board (ICB), and Brighton & Hove City Council Families, Children & Wellbeing directorate. More information on the planning and delivery of local services, jointly compiled by partners, is included as Appendix 1 to this report.

#### **4. Analysis and consideration of alternative options**

4.1 Not relevant to this report for information.

#### **5. Community engagement and consultation**

5.1 None directly for this information report.

#### **6. Financial implications**

6.1 None in this report which is for noting.

Name of finance officer consulted:                      Date consulted (dd/mm/yy):

#### **7. Legal implications**

7.1 No legal implications have been identified in this report which is for noting.

Name of lawyer consulted: Victoria Simpson      Date consulted 03/07/25

#### **8. Equalities implications**

8.1 None directly for this information report.

#### **9. Sustainability implications**

9.1 None directly for this information report.

#### **10. Health and Wellbeing Implications:**

10.1 None directly for this information report.

#### **Other Implications**

#### **11. Procurement implications**

11.1 None identified

#### **12. Crime & disorder implications:**

12.1 None directly for this information report.

#### **13. Conclusion**

- 13.1 Committee members are asked to note the information provided by city health & care system partners on the planning and performance of children & young people's mental health services. If members have particular concerns or interests arising from this information they may wish to explore these issues in greater depth at future meetings.

## **Supporting Documentation**

### **1. Appendices**

1. [Information provided by local health & care system partners](#)

### **2. Background documents**

1. Sussex Integrated Care Strategy, Improving Lives Together [0438 NHS Sussex VF4 4](#)

