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Brighton and Hove Clinical Commissioning Group

Prospectus 2013-14

A short guide to our work and ethos

Getting brighter and healthier

Page Two

Welcome from the Board

Welcome to the Brighton and Hove Clinical Commissioning Group (CCG).

This prospectus aims to introduce you to the CCG and help you understand who we are, what we do and how you can work with us to help make healthcare in Brighton and Hove the best it can be.

We are a group of doctors and nurses who are responsible for commissioning and organising high-quality, accessible healthcare services for everyone in our city. Our commissioning role is supported by health managers and lay members help us consider the views of local people.

The CCG makes sure that the budget for healthcare in Brighton and Hove is spent wisely and effectively on a range of services which are outlined later in this document.

We are local, professional and focused on what people here really need. Because the CCG is run by doctors and nurses, we are well-placed to understand what people in Brighton and Hove require from their health service.

All of us are proud to live and work in such a vibrant and diverse city and we strive to meet the needs of all our communities. The CCG is committed to working side-by-side with local people and there are a number of ways of letting us know what needs improving, or what works well and should be replicated across the city.

We represent the 47 GP practices in the city, all of which are members of the CCG. We also work particularly closely with Brighton and Hove City Council, NHS England and our friends and colleagues across the local voluntary sector.

This document is a short guide to the Clinical Commissioning Group. You can find out more about us on our website and by talking to your local GP practice.

Dr Xavier Nalletamby
Chair

[\[Add photo\]](#)

Dr Christa Beesley
Accountable Officer

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What we do

We are responsible for shaping and designing the healthcare services that people in Brighton and Hove need, then selecting the best providers to run them. The services we commission include those that:

- Are available in an emergency, including A&E and ambulance services for life-threatening injuries and illnesses, and urgent care services for common but sometimes worrying conditions or injuries;
- Support people with long-term conditions, such as diabetes, dementia and heart disease, in receiving continued care;
- Help those who have been through a trauma or serious illness get back on their feet through rehabilitation services;
- Treat children when they become ill or get hurt;
- Support people with learning difficulties;
- Give those with mental health needs the relevant treatment and support;
- Treat infectious diseases and stop them from spreading;
- Provide care and treatment to manage the conditions which develop as we get older and support those who need care at the end of their lives;
- Help those wanting to start a family to conceive;
- Support expectant mothers preparing to give birth and support them through the birth itself.

Although we do not commission primary care services, the CCG supports GP practices in Brighton and Hove and their doctors and nurses to deliver the best care possible for their patients.

We are also responsible for making sure healthcare services are safe and effective. We monitor the quality of our three main NHS Trust providers (Brighton and Sussex University Hospitals NHS Trust, Sussex Partnership NHS Foundation Trust and Sussex Community Trust) to ensure that the care we commission is of a consistently high standard.

What our partners do

Brighton and Hove City Council

- Healthy living
- Support for alcohol, substance and smoking addiction
- Sexual health
- Health visitors and family centres

<http://www.brighton-hove.gov.uk/>

NHS England

- GPs
- Pharmacies
- Dentists
- Opticians
- Highly specialised services
e.g. intensive care units

<http://www.england.nhs.uk>

Health in Brighton and Hove

Our City

Brighton and Hove covers a geographical area of approximately 34 square miles, encompassing nearly 300,000 people from all walks of life and remarkable, diverse communities.

Our population is unusually distributed:

- Relatively large numbers of people aged between 20 and 44;
- Fewer children and people over 65 than nationally;
- But a large number of people over 85 who are likely to need regular access to healthcare.

Life expectancy is 77.7 years for males and 83.2 years for females.

The city has a student population of around 34,000 and receives 8 million visitors each year.

Health Priorities

We require a wide range of services to make sure everyone who uses healthcare in our city has access to the care they need to stay well and lead healthy lives.

The healthcare areas identified as key priorities for Brighton and Hove CCG are:

- Emergency care
- Mental health
- Dementia
- Diabetes
- Circulatory illnesses
- Cancer and tumours

In partnership with Brighton and Hove City Council, we have identified the following joint priorities:

- Dementia
- Cancer
- Healthy weight
- Smoking
- Emotional well-being

Services that support those with drug, alcohol and smoking addictions and programmes to encourage people to lead healthy lives are provided by the City Council. We work particularly closely with them to give you complete, appropriate care.

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Future Need

Our aim is to focus on keeping people healthy, with higher quality, more accessible care available when required.

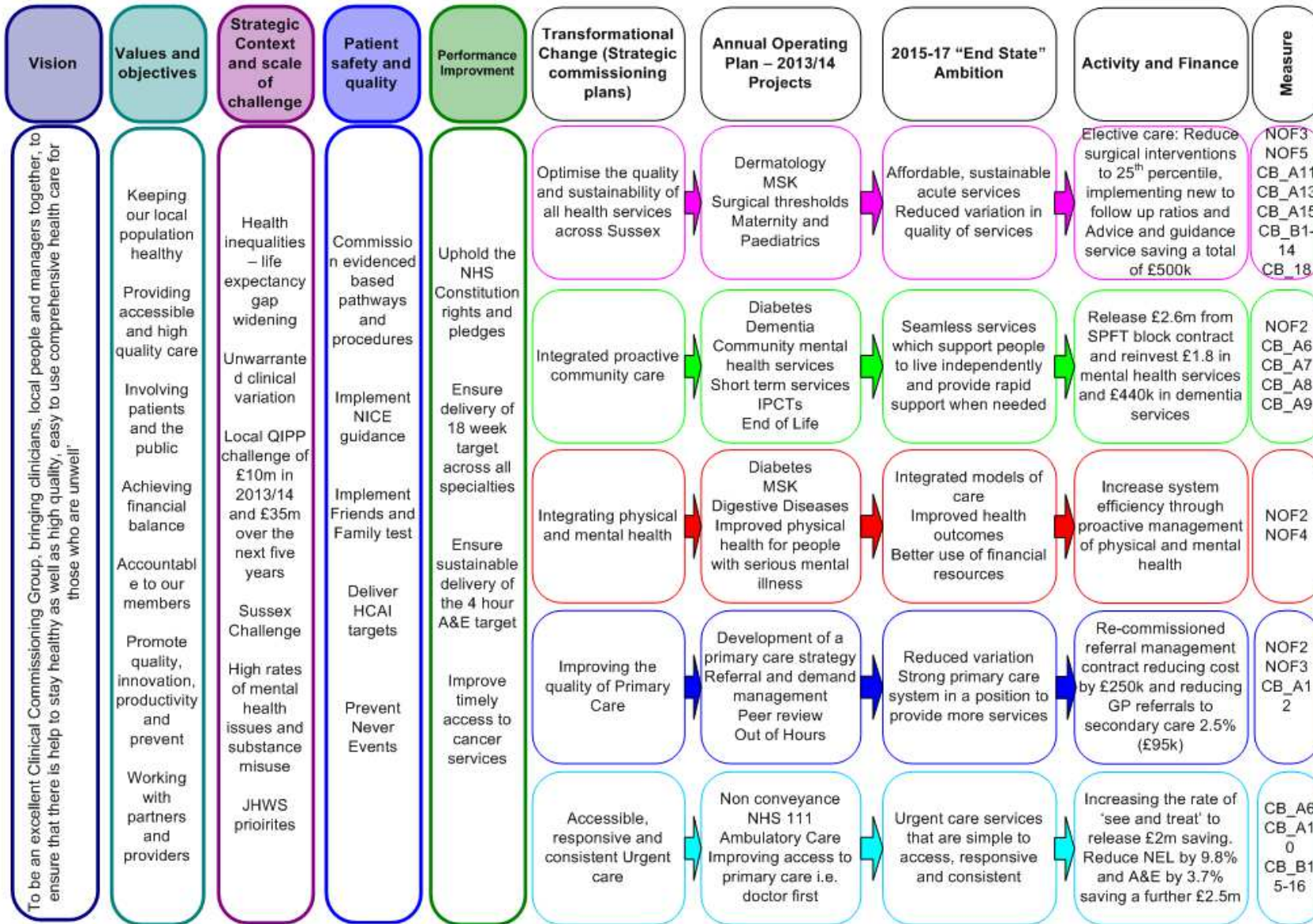
New health challenges will emerge in a population that is growing year-on-year. The greatest increases will be seen in:

- 25-34 year olds
- 50-59 year olds
- Children under 15

As a city, we need to work together to continue narrowing the gap in life expectancy between males and females.

There is also a gap in mortality rates between the most affluent and most deprived areas of Brighton and Hove. This gap has been widening in recent years and we will be working to make sure that everyone, regardless of background, has access to the healthcare services they need.

Need short introduction – is this an overview of the Strategic Commissioning Plan?



Get involved

We are committed to working side-by-side with local people to make decisions about healthcare in the city. Whoever you are and whatever your state of health, we want to hear from you – even if you only use the health service occasionally.

Some of the key ways of talking to us are outlined below but they are complemented by numerous opportunities to get involved through community and voluntary groups and by the everyday interactions you have as patients with your doctors and nurses.

Patient Participation Groups (PPGs)

PPGs are run locally by volunteer patients and Practice Managers. They contribute ideas, feedback and suggestions directly to their practices. Their role can involve anything from conducting patient surveys to giving their views on the services their practice should offer.

There is a cross-city network of PPG members so people can get involved in healthcare beyond their GP practice and work with us to commission effective and responsive services. We also have PPG representatives on our three Local Member Groups for the East, West and Central areas of the city.

If you are interested in joining your local PPG, please contact your practice directly.

Healthwatch Brighton and Hove

Healthwatch is an independent health watchdog for the city and provides a number of important functions, including:

- Helping local people get involved in the commissioning and monitoring of services;
- Providing advice on accessing healthcare;
- Making recommendations on how health and care services can be improved;
- Offering an Independent Complaints Advocacy Service for anyone who wants to resolve a complaint about NHS healthcare.

A city-wide health forum will be set up in partnership with Healthwatch. It will include neighbourhood and community groups and it will take into account complaints data to help inform our commissioning plans.

For further information about Healthwatch Brighton and Hove, please visit their website at <http://www.healthwatchbrightonandhove.co.uk/>

Public Board meetings and events

We hold a full public Board meeting every two months, when people in the city are invited to attend and discuss healthcare with each other and with key CCG staff. Attendees can submit in advance the questions they would like addressed at the meeting.

We also have a programme of public events where people can hear about our progress and priorities and help shape our commissioning activities. These events take place every two months and include themed discussions and open questions so that people are informed about local health services and can give us feedback.

Public meeting dates are listed on our website along with related minutes and papers.

High-quality care

Everyone in Brighton and Hove has the right to expect high-quality healthcare, so clinical quality and patient safety are at the heart of what we do. We want to make sure people using health services in Brighton and Hove have a positive experience of care and are treated in a safe environment.

As local doctors and nurses, we understand the significance the NHS plays in the daily lives of many people. We are committed to driving small, measurable improvements to your health service and are here to look after you from your first steps to your last days.

The Clinical Commissioning Group is committed to:

- Upholding the values of the NHS Constitution, promoting patient rights and addressing their concerns along with those of our colleagues and providers;
- Engaging people in the city in decision-making about care and services;
- Working closely with the City Council to make sure our city-wide focus is on prevention rather than just treatment;
- Investing in services based on need and evidence of effectiveness;
- Increasing the integration of and cooperation between services, so they can be delivered together;
- Improving access to services and providing care out of the hospital, closer to people's homes where possible;
- Putting mental health on an equal footing with physical health;
- Reducing inequalities in health, access to services and patient experience;
- Taking a robust zero tolerance approach to MRSA infection and any lapse in care that could have been avoided by following best practice;
- Setting long-term targets and planning ahead to address continuously the healthcare needs of the city;
- Working with our partners to ensure high-quality care is delivered across the city.

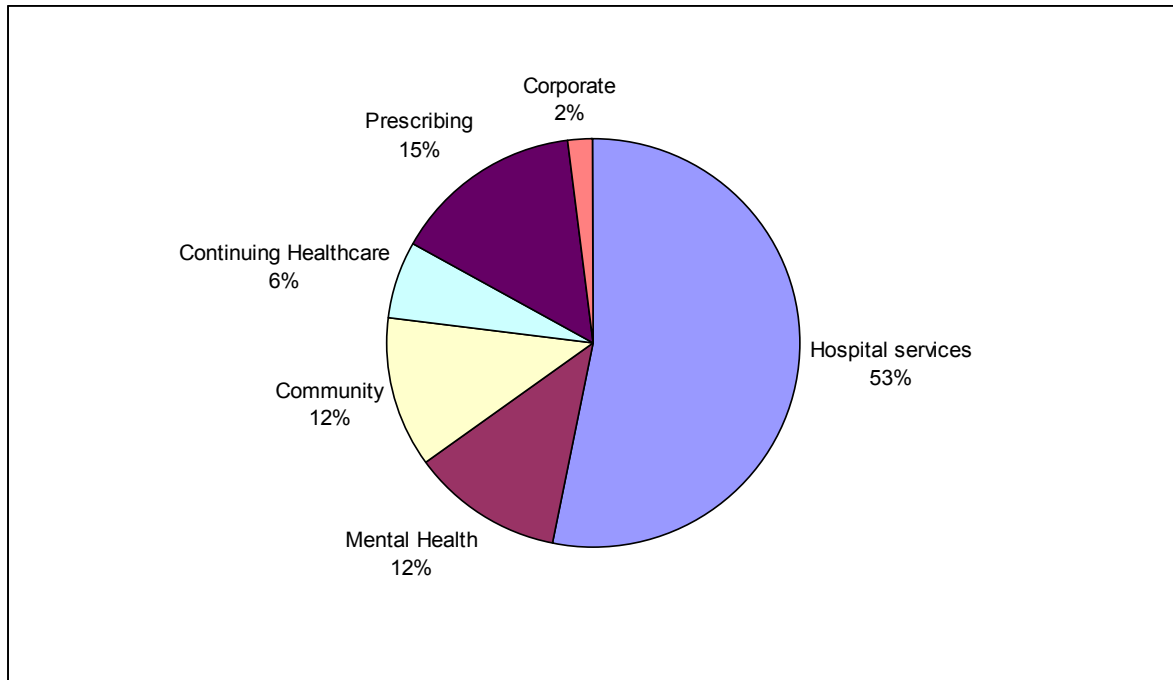
If you would like further information, please read our Annual Operating Plan and Strategic Commissioning Plan which can be found on our website **(need to add link)**.

Managing our resources

We carefully balance our priorities to make sure that the budget for healthcare in Brighton and Hove is spent wisely and effectively. This represents £360 million of public money from the Department of Health that is used to commission high-quality services that are available when people in the city need them.

Brighton and Hove CCG has an underlying surplus and a strong track record of assisting elements of the local health system that carry deficits. We set stretching savings targets above the national average and meet them through ideal usage of CCG resources.

The following pie chart shows a breakdown of our planned spending for 2013-14:



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