

Working together for Young Carers in Brighton and Hove

update June 2016



for brighton and hove

Sussex Community
NHS Foundation Trust



Presentation to Children, Young People and Skills Committee June 2016 by:

- **Elizabeth Freeman and Chris Lau:** Young Carers Project
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- **Mat Thomas:** Early Help Hub Coordinator

To meet our duties under the Care Act 2014, the Young Carers Strategy Group have worked on 3 main areas through 2015/16

1. Getting a picture of the scale of Young Caring in Brighton and Hove
2. Having clearer areas of responsibility within strategy and delivery
3. Developing a consolidated Pathway for Young Carers

1. The scale of Young Caring in Brighton and Hove

We understand there is a difference between the number of Young Carers in the city who have to date been **formally assessed as a Carer by Adult or Children's Social Care**, and the number of young people who have caring duties but have not wanted an Assessment, or there are barriers to them 'coming forward' as a Carer.

A new **Pathway** for 2016/17 has been developed to improve identification at **all levels of caring**, allowing a better 'reach' for Young Carers Interventions and a fuller picture of the scale of need and interventions put in place.

Currently we have **294 Assessed and recorded Young Carers in Brighton and Hove**. The majority of these, **228, care for adults**.

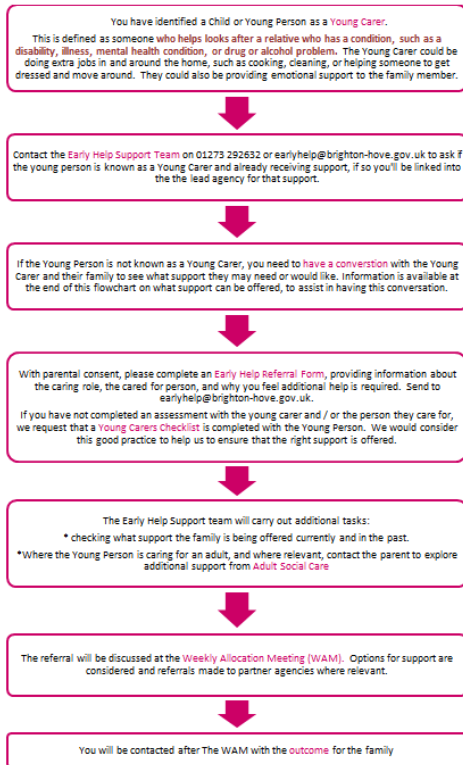
Of these 294, **117 are registered with Young Carers Project**. 37 were newly registered in 2015.

2.a Challenges to a consolidated pathway

- What is a Young Carer's Assessment and who should complete it?
- What are our thresholds for intervention?
- What Consent is required?
- How do we deliver the right intervention at the right time?
- Who should lead on the wider support for the Young Carer?
- Can we reduce the number of routes into Support/Intervention?
- Can we have a simplified message for professionals and Families?

2.b Working together to draft a consolidated Pathway

How to access additional support for a Young Carer - for families and professionals



Action	Notes
1. Information request from Professional	Referrers are advised to contact EH Support Team before referring a Young Person. This is to find out if they are already open to YCP. Support Team to <ul style="list-style-type: none"> Contact Katie Shortt or Elizabeth Freeman / YCP to find out whether the Young Person is already receiving support from them. If they are open to YCP provide referrer with contact name and number of the young carers worker. No EH Referral needed. If they are not open to YCP, advise EH referral made. If YCP are unable to support a young person where consent has been declined by the parent. If the parent would like YCP support, but not through Early Help, advise the referrer to contact YCP directly to discuss accessing their service.
2. Early Help Referral Form received by The Support Team	Two types of referrals coming in <ul style="list-style-type: none"> Specific Request for Young Carers Support No specific request for Young Carers Support - The Support Team will identify a caring role from information given in the referral form. In this case it will be noted on the Referral Form for the 'lead worker' or service to explore Young Carers role. If Young Carer is later identified then worker to refer in to Early Help with additional information requesting YCP support
3. Support Team to carry out checks and add info and recommendations to referral form	Checks include <ul style="list-style-type: none"> Adult and Children's Carefirst - for information on Social Worker, ASC involvement, recent assessments (including looking at Young Carers voice in the assessment) and reviews. Include any information on home visit risk. Contacting Seaside View about their involvement if YC is caring for a sibling Contacting Mental Health Teams for involvement if mental health cited in referral Contacting Substance Misuse Teams for involvement if cited in referral.
4. Explore Adult Social Care Support and add outcome to referral form	Where the young person is caring for an adult, and there is no previous or current ASC or MH involvement, The Support Team will contact the parent to discuss Adult Social Care Support. This will involve a conversation around what the parent can expect from an Access Point referral. Where there is current ASC involvement, and a change in need of the cared for is identified, then refer to Access Point for a review.
5. Referral discussed in WAM and options for support are considered.	In all cases additional services will be considered, as well as young carers card sent out. Possible outcomes around Young Carers element are as follows <ul style="list-style-type: none"> Actual practical and / or emotional caring role identified as a child or young person who often takes on practical and/or emotional caring responsibilities that would normally be expected of an adult, or lower level caring role where there is significant impact - YCP referral Unclear of caring role or impact - mentoring team or allocated service to investigate caring role (using checklist / YC Needs Assessment) Lower level caring role, or higher level caring role with little impact / YP impacted by having a cared for person in the home - lead agency to monitor caring role and offer information and advice.
6. Discussion to take place in WAM around statutory Young Carers Needs Assessment	<ul style="list-style-type: none"> If Family has MH, ASC and CSC involvement then responsibility goes back to them for assessment. If an assessment has already been completed by one of these services but young carers voice not heard, young carers needs assessment to be completed and made clear in outcome. If no other service involvement, or no referral to these services, then WAM can recommend who completes the Young Carers Needs / Joint Family Assessment. Some Young Carers won't want or need an assessment, and the allocated worker can explore this with them. There are specific tools available to assist professionals in completing this assessment with the Young Carer.
7. WAM Outcome	Email to include <ul style="list-style-type: none"> Outcome for support All current and additional professionals. Recommendations on Young Carers Needs Assessment, and statement around statutory requirements. If Access Point referral agreed, outcome email can be used as referral.

Easy to follow Guidance for Professionals who identify Young Carers

Clear internal procedures for making sure the right intervention happens at the right time.

3. Clear areas of responsibility

Adult Services

Adult Social Care Team
 Completes Assessments on Adults with health needs, assessing Young Carers in process. Provides interventions to prevent and reduce Young Caring.

Access Point is key Referral, Advice and Information point for adult health needs.

Funding Agreements 2016/17

Carers Centre Young Carers Project
 Key delivery partner and focal point for Young Carers work in the community

Young Carers Project 6-12 age Support Worker and Teen Support Worker, provide groups, advocacy, peer support and 1-2-1 working.

Young Carers Project Schools Lead delivers training and supports schools to identify and support Carers.

Children's Services

Early Help Hub manages pathways into support for identified Young Carers.

Child Disability Team completes assessments on disabled children, assessing Young Sibling Carers in process.

Early Help Hub Mentor with lead for Young Carers keyworks complex family cases, leads on pathway design

Funding agreement by **Integrated Children's Development and Disability Service** for Schools lead through 16/17.

Health

School Nurses offer Young Carers home visits for medical appointments and provide health information to Families.

Virtual School Head and Schools Safeguarding Lead provide strategy guidance and support on Schools involvement.

GPs who are part of the **GP Early Help Pilot** can identify and refer Young Carers directly.

MASH will assess and act when a Young Caring role is a safeguarding risk.

Reviewing the successes over the year

1. **Young Carers Report** completed Nov 2015.
2. Working well as a Strategy Group to agree a **pathway for young carers that is administered by the Early Help Hub.**
3. Adult and Children's Services agreement to jointly employ the **Early Help Mentor Lead for Young Carers through 2016/17.**
4. School Nurses joining Strategy Group and **consolidating School Nurse** offer.
5. Ongoing advice, guidance and training to professionals in the city, including **adding a Young Carers module to the BHCC Core Training Programme.**
6. **Adult Services** now represented at the **Early Help Weekly Allocation Meeting.**

What does it look like when it works well?

- Verbal Case study presentation by Young Carers Project

Aspirations going forward

1. Develop a useful 'online footprint' for advice and support for Young Carers in Brighton and Hove.
2. Achieve a sound financial position for Young Carers interventions, including exploring joint-commissioning.
3. Bring wider Health Partners into Strategy Group.
4. Achieve better Outcome mapping, linking to funding.
5. Develop wider offers of support e.g. apprenticeships
6. Bigger role for 'Experts by Experience' in strategy development