

Transforming Care Partnerships

For People with Learning Disability and/or Autism

A Briefing Paper for Governing Bodies and Health & Well-Being Boards

Executive Summary

- The 'Transforming Care Partnerships' (TCP) programme was born out of the Winterbourne scandal, where a Panorama investigation exposed the physical and psychological abuse suffered by people with learning disabilities and challenging behaviour at the Winterbourne View hospital in 2011.
- In response, NHS England developed national guidance in the form of 'Building the Right Support' and 'The New Service Model', which were both published in October 2015. Building the Right Support is a national plan to develop community services and close inpatient facilities for people with a learning disability and/or autism who display behaviour that challenges, including those with a mental health condition. The New Service Model underpins this plan, bringing together current good practice and principles of care provision; it is intended to support health and social care commissioners for learning disability and beyond. It is anticipated that together, these plans will drive system wide change and enable more people to live in the community, with the right support and close to home.
- 48 Transforming Care Partnership (TCP) 'footprints' were subsequently established across the UK in November 2015, including 6 fast track sites. Each TCP is charged with;
 - Developing a TCP plan for people with a learning disability (LD) and/or autism
 - Reducing the number of in-patient beds for people with LD
 - 10-15 inpatients in CCG-commissioned beds per million population
 - 20-25 inpatients in NHS England-commissioned beds per million population
 - Fully implementing the New Service Model by March 2019
- The Sussex TCP footprint includes the 7 CCG's and 3 Local Authorities of Brighton & Hove, West Sussex and East Sussex and is, as such, has far greater complexity than single authority, single CCG footprints.
- Sussex has one 10-bedded inpatient Assessment & Treatment Centre (ATC) in Worthing. Admission activity has been fairly stable over recent years and there are currently 8 people who have been admitted from Sussex and 2 people from out of area.
- Sussex has already achieved a great deal with regards to developing community services for people with learning disability and/or autism as local decision was made several years ago to reduce inpatient bed-stock and reinvest resources.
- Each Local Authority area has subsequently developed its' own plan according to locally identified need. There is agreement across the three Local Authorities and 7 CCG's to increase alignment across the footprint and to identify key areas where work could be undertaken collaboratively. There are, however, no plans at this stage, to pool or share budgets.
- Sussex has a total population of around 1,606,571, including 5,267 people who are registered with their GP as having Learning Disabilities and 384 adults with challenging behaviour (estimated.)
- There are also 4,416 children known to have learning disability in Sussex and it is thought around 1,200 of these children will need help during transition from childhood to adulthood.
- Whilst Sussex is on target to meet the recently announced reduction in-patient bed numbers, there are still a total of 57 adults from Sussex occupying inpatient beds (31st December 2015); and 49 of these people are in placements outside of Sussex as follows:

- 23 people were in CCG commissioned beds (15 were out of area) and
 - 34 people were in specialist commissioned beds - a mix of high, medium and low secure forensic beds (all 34 people were out of area)
- The cost of care is variable and dependent on location. A CCG commissioned inpatient bed costs, on average, £575 per day, compared to a specialist commissioned inpatient bed in a high secure unit which costs around £822 per day. By comparison, LA funded packages of support in community settings for former inpatients cost on average £354 per day, whereas NHS funded packages of support cost around £613 per day.
 - The total forecast costs for people with learning disability and/or autism in 2015-16 is £27,531,000 – of that, £11,422,000 denotes inpatient provision for 2015-16, £9,518,000 is the annual cost of community services and £6,592,000 is allocated to individual support packages for former patients/those at risk of admission

CCG	NHS England Commissioned Beds				CCG Commissioned Beds			Total CCG Beds
	High	Medium	Low	CAHMS	Total NHS England Beds	In area (Selden)	Out of Area	
Brighton & Hove	1	2	5	0	8	2	8	10
EHS	0	4	4	0	8	3	3	6
HR	0	1	4	0	5			
HWHL	0	1	0	0	1			
HMS	1	1	2	0	4	2	4	6
Crawley	0	0	2	0	2			
CWS	1	2	2	1	6			
Out of Area	NA	NA	NA	NA	NA	2	0	2
Total Beds	3	11	19	1	34	9	15	24

- Each person with a LD and/or autism who currently occupies an in-patient bed, will require a Clinical Treatment Review (CTR) assessment to determine suitability and 'what needs to be in place', for example, housing, skills, expertise, to support their return to Sussex in a community setting.
- In 2016, NHS England broadened the criteria for CTR and anticipates numbers will triple. A CTR currently costs approx £1,000 per person.
- The Sussex LD TCP Programme Board has identified the following areas as priorities for collaboration and joint working;
 1. Shared vision and principles for care provision
 2. Workforce Development, Training & Education
 3. Improved Proactive Case Management & Crisis Prevention
 4. Specialist Care & Treatment (more local in-patient services)
 5. Improving Proactive Planning of Transition
 6. Personalisation and Personal Health Budgets
 7. Data Capture
- These areas represent the 2nd stage of the TCP Programme of Work.